This Mass can be celebrated, according to the rubrics given for Masses and Prayers for Various Needs and Occasions, on any day except Solemnities, the Sundays of Advent, Lent, and Easter, days within the Octave of Easter, the Commemoration of All the Faithful Departed (All Souls' Day), Ash Wednesday and the days of Holy Week.

#### **ENTRANCE ANTIPHON**

Isaiah 53.4

Truly the Lord has borne our infirmities, and he has carried our sorrows.

#### **COLLECT**

A lmighty and eternal God, our refuge in every danger, to whom we turn in our distress; in faith we pray look with compassion on the afflicted, grant eternal rest to the dead, comfort to mourners, healing to the sick, peace to the dying, strength to healthcare workers, wisdom to our leaders and the courage to reach out to all in love, so that together we may give glory to your holy name. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

#### PRAYER OVER THE OFFERINGS

A ccept, O Lord, the gifts we offer in this time of peril.

May they become for us, by your power, a source of healing and peace.

Through Christ our Lord.

#### **COMMUNION ANTIPHON**

Matthew 11.28

Come to me, all who labour and are burdened, and I will refresh you, says the Lord.

### PRAYER AFTER COMMUNION

God, from whose hand we have received the medicine of eternal life, grant that through this sacrament we may glory in the fullness of heavenly healing. Through Christ our Lord.

### PRAYER OVER THE PEOPLE

God, protector of all who hope in you, bless your people, keep them safe, defend them, prepare them, that, free from sin and safe from the enemy, they may persevere always in your love. Through Christ our Lord.



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#### FIRST OPTION

# FIRST READING 938(2)

Lamentations 3.17-26

It is good that one should wait quietly for the salvation of the LORD.

A reading from the book of Lamentations.

- My soul is deprived of peace;I have forgotten what happiness is;
- so I say, "Gone is my glory, and all that I had hoped for from the LORD."
- The thought of my affliction and my homelessness is wormwood and gall!
- My soul continually thinks of it and is bowed down within me.
- But this I call to mind and therefore I have hope:
- The steadfast love of the LORD never ceases, his mercies never come to an end;
- they are new every morning; great is your faithfulness.
- "The LORD is my portion," says my soul, "therefore I will hope in him."
- The LORD is good to those who wait for him, to the soul that seeks him.
- It is good that one should wait quietly for the salvation of the LORD.

The word of the Lord.

### **RESPONSORIAL PSALM**

940(1)

Psalm 80.1ac+2b, 4-6 (R.3b)

- R. Restore us, O God; let your face shine, that we may be saved.
- Give ear, O Shepherd of Israel!
  You who are enthroned upon the cherubim, shine forth.
- Stir up your might, and come to save us! R.
- O Lord God of hosts, how long will you be angry with your people's prayers?
- You have fed them with the bread of tears, and given them tears to drink in full measure.
- You make us the scorn of our neighbours; our enemies laugh among themselves. R.

#### ALLELUIA VERSE AND VERSE BEFORE THE GOSPEL

941(2)

2 Corinthians 1.3b-4a

Blessed be the Father of mercies and the God of all consolation, who consoles us in all our affliction.

# GOSPEL 942(2)

Mark 4.35-41

Who then is this, that even the wind and the sea obey him?

- A reading from the holy Gospel according to Mark.
- When evening had come, Jesus said to his disciples, "Let us go across to the other side."
- And leaving the crowd behind, they took Jesus with them in the boat, just as he was. Other boats were with him.
- A great windstorm arose, and the waves beat into the boat, so that the boat was already being swamped.
- But Jesus was in the stern, asleep on the cushion; and they woke him up and said to him, "Teacher, do you not care that we are perishing?"

- He woke up and rebuked the wind, and said to the sea, "Peace! Be still!"

  Then the wind ceased, and there was a dead calm.
- Jesus said to them, "Why are you afraid? Have you still no faith?"
- And they were filled with great awe and said to one another,
  "Who then is this, that even the wind and the sea obey him?"

The Gospel of the Lord.

#### Acknowledgements

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#### SECOND OPTION

### FIRST READING 939(2)

Romans 8.31b-39

Neither death nor life will be able to separate us from the love of God.

A reading from the Letter of Saint Paul to the Romans.

Brothers and sisters:

- If God is for us, who is against us?
- He who did not withhold his own Son, but gave him up for all of us, will he not with him also give us everything else?
- Who will bring any charge against God's elect? It is God who justifies.
- Who is to condemn?
  It is Christ Jesus, who died,
  yes, who was raised,
  who is at the right hand of God,
  who indeed intercedes for us.
- Who will separate us from the love of Christ? Will hardship, or distress, or persecution, or famine, or nakedness, or peril, or sword?
- No, in all these things we are more than conquerors through him who loved us.

- For I am convinced that neither death, nor life, nor Angels, nor rulers, nor things present, nor things to come, nor powers,
- nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

The word of the Lord.

## RESPONSORIAL PSALM 940(3)

Psalm 123.1-2a, 2bcd (R.3a or 2cd)

- R. Have mercy on us, O Lord, have mercy.
- or: Our eyes look to the Lord, until he has mercy upon us.
- To you I lift up my eyes—
  O you who are enthroned in the heavens—
- as the eyes of servants look to the hand of their master. R.

As the eyes of a maid to the hand of her mistress, so our eyes look to the Lord our God, until he has mercy upon us. R.

#### ALLELUIA VERSE AND VERSE BEFORE THE GOSPEL

941(2) 2 Corinthians 1.3b-4a

Blessed be the Father of mercies and the God of all consolation, who consoles us in all our affliction.

- ▲ A reading from the holy Gospel according to Mark.
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- And leaving the crowd behind, they took Jesus with them in the boat, just as he was. Other boats were with him.
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  - Then the wind ceased, and there was a dead calm.
- Jesus said to them, "Why are you afraid? Have you still no faith?"
- And they were filled with great awe and said to one another,
  "Who then is this, that even the wind and the sea obey him?"

The Gospel of the Lord.

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