



Monday Memo

Diocese of Thunder Bay

News ♦ Notices ♦ Upcoming Events

June 10, 2024

Retirement on the Horizon: Retirement on the Horizon: In Thunder Bay on **Sunday July 14, 2024** at St. Patrick's Cathedral Bishop Colli will be celebrating his final Mass at the 10:30 am Mass. **A reception will be held at the Catholic Pastoral Centre on July 14 in the afternoon from 2 - 5 pm.** EVERYONE IS WELCOME. If you have any questions about Bishop Colli's retirement, please contact Susan Nistico at the Catholic Pastoral Centre (807)343-9313

Knights of Columbus Spaghetti & Meatballs Take-Out: **June 13**, 2:00pm – 5:30pm, 301 May Street, 807-623-3252

Ordinations to the Permanent Diaconate: On Saturday, **June 15**, 2024 Bishop Colli will ordain three men to the Permanent Diaconate at St. Patrick's Cathedral in Thunder Bay at 2 pm. The men are: Rick Geurts of St. Patrick's parish in Atikokan, Dave Frank of Kateri Parish and Gull Bay Parish and Reino Pitkanen of Holy Family Parish in Thunder Bay. Everyone is welcome to attend.

"St. Agnes is hosting another Praise and Worship evening. Monday, **June 17th**, from 7-9pm. Come and enjoy a Holy Spirit filled evening with Adoration, Praise & Worship, Prayer Ministry for personal prayer, followed by a social in the hall". Come check us out.

Holy Family Church – Children's Bible Camp: We will be holding our Bible Camp this summer for children ages 4 to 9. Children will be learning about our Holy Mass, our Apostles and our many Traditions, using art and music. The weekly classes will start on **July 4 to August 29th**, from 9:00 am until Noon. The registration fee is \$50 per family. Please contact our office at 807 473 9722 or holy.family@shaw.ca and we will send you a registration package.

Sacred Medicine Teachings: Sweetgrass - Part 2

1. **Symbolism of the Braid:** The three sections of the sweetgrass braid symbolize love, kindness, and honesty, or in some teachings, the unity of mind, body, and spirit. Braiding is a communal activity, often done with family or community members, reinforcing bonds and shared values.
2. **Respect for Nature:** The harvesting of sweetgrass is done with great care and respect for the environment. Traditional teachings emphasize the importance of sustainable harvesting practices, such as only taking what is needed and leaving enough for future growth.
3. **Teaching Tool:** Sweetgrass is used as a teaching tool for imparting values such as humility, respect, and interconnectedness. Elders use it to teach younger generations about cultural traditions and spiritual beliefs.

Healing Properties

1. **Medicinal Uses:** Sweetgrass has been used in traditional medicine for its healing properties. It is believed to have soothing effects and is sometimes used in herbal remedies for its calming and pain-relieving properties.
2. **Aromatic Qualities:** The pleasant scent of sweetgrass is not only spiritually uplifting but also has a calming effect, which is why it is used in various healing practices and in creating a peaceful environment.

In summary, sweetgrass is a deeply revered plant in many Indigenous cultures, embodying spiritual, ceremonial, and cultural significance. Its use in rituals and teachings underscores the profound connection between Indigenous peoples and the natural world, emphasizing respect, harmony, and the transmission of cultural wisdom across generations.